

Geriatric Depression Scale (Short)

Yesavage, J.A., et al., "Development and validation of geriatric depression screening scale: a preliminary report." *J Psychiatr Res* 1983; 17: 37-49.

Ask the patient to answer each question as it pertains to the last week:

Are you basically satisfied with your life?	Y	N	
Have you dropped many of your activities and interests?		Y	N
Do you feel that your life is empty?		Y	N
Do you often get bored?		Y	N
Are you in good spirits most of the time?	Y	N	
Are you afraid that something bad is going to happen to you?		Y	N
Do you feel happy most of the time?	Y	N	
Do you often feel helpless?		Y	N
Do you prefer to stay at home, rather than going out and doing new things?		Y	N
Do you feel you have more problems with memory than most?		Y	N
Do you think it is wonderful to be alive now?	Y	N	
Do you feel pretty worthless the way you are now?		Y	N
Do you feel full of energy?	Y	N	
Do you feel that your situation is hopeless?		Y	N
Do you think that most people are better off than you are?		Y	N



Tally answers in this column: ____ / 15 _____

Scoring: 5-9 indicative of mild depression
 >9 indicative of moderate-to-severe depression

Clinician

Date